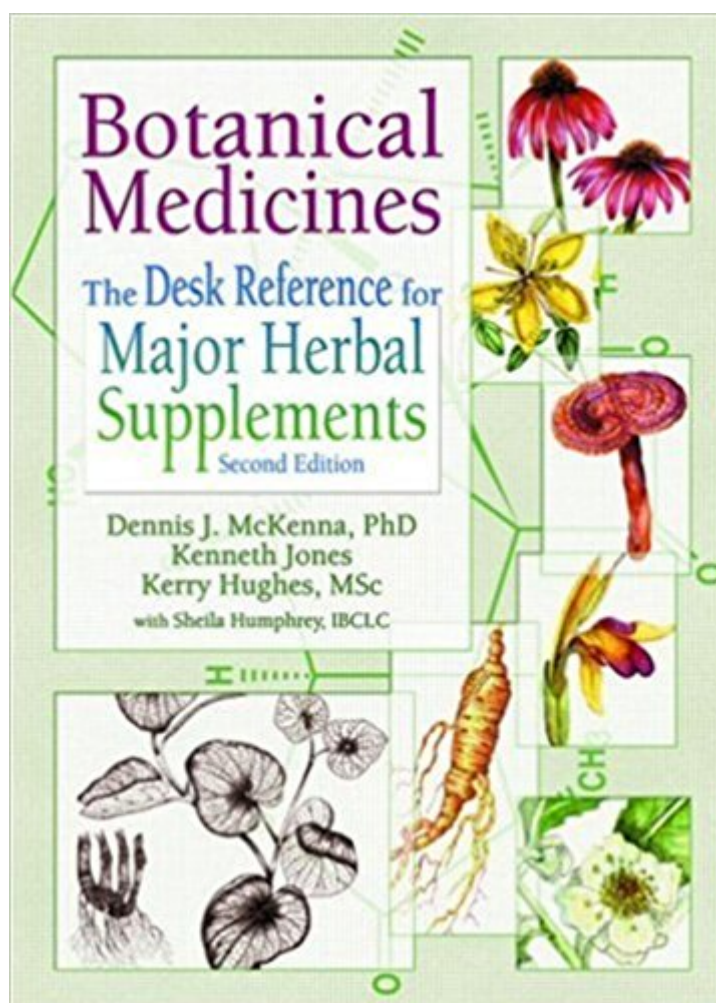


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Botanical Medicines: The Desk Reference For Major Herbal Supplements



Synopsis

Answer patients'™ questions about botanical supplements quickly and easily! This informative book is a compendium of detailed scientific research on 34 of the most popular dietary supplements used in North America and Europe. Its coverage of pharmacological studies on the main medicinal plants used in clinical practice and sold in pharmacies in the Western world is more extensive than any other publication of monographic reviews available. The way *Botanical Medicines: The Desk Reference for Major Herbal Supplements, Second Edition* is organized (standardized topic formats are used in each monograph) makes it easy for you to locate relevant information quickly and to compare corresponding sections between different entries. This book is an invaluable tool for pharmacists, physicians, and other health care professionals who need detailed, scientifically accurate information on appropriate use, safety, dosages, and similar issues related to botanical dietary supplements. Each entry in *Botanical Medicines: The Desk Reference for Major Herbal Supplements, Second Edition* covers botanical data (classification and nomenclature, common names, geographic occurrence, and botanical characteristics), plus: history and traditional uses chemistry therapeutic applications pre-clinical studies clinical studies recommended dosages safety profiles (including toxicology) side effects and contraindications drug interactions and special precautions safety recommendations during pregnancy and lactation. This extensively referenced volume includes appendixes with information on the major provisions of DSHEA (the Dietary Supplement Health and Education Act of 1994) and on the criteria and procedures for assessing the quality of botanical products.

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Customer Reviews

A modified version of one of the herbs discussed in this book, Astragalus, was featured as a CME (Continuing Medical Education) course for physicians in the International Journal of Integrative Medicine, which is nothing short of a stellar endorsement for the material found in this book. If you want the best in scientific and evidence-based information on herbal medicines, this authoritative and well-researched text is the best choice for both doctors and the educated lay person. As a practicing doctor with over twenty years of clinical experience, multiple credentials in herbal medicine, the author of the book "Viral Immunity," and numerous academic papers on herbs, I highly recommend this book.

Outstanding reference text for those interested in the REAL evidence for/against herbal medicine and botanical remedies. The authors provide detailed information on the history, traditional usage, laboratory evidence and clinical findings associated with dozens of herbals. The result is quite an exhaustive body of information that should serve as an authoritative reference text for any health practitioner or scientist with interest in this area. If you want to know more about botanical medicines, this is the book to get.

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